

Communion Bread (4 Loaves)

4-1/2 cups whole wheat flour
1-1/2 cups white flour
3 teaspoons baking powder
1 cup honey
1-1/3 cups water
1/4 cup oil

Mix together, adding water last a little at a time. (You need just enough water to hold the dough together without being runny)
Divide the dough into 4 parts. Roll out into 4 circles. Mark the design on the top with a blunt knife. Bake at 350 degrees 10-15 minutes (or until done). Check for doneness. Trim edges into a circle.

***Wrap in plastic wrap (like saran wrap) while still warm!. Then overwrap in aluminum foil. Please wrap each loaf separately. Freeze. Place in the freezer in the kitchen at church. Thank you!

Communion Bread (3 Loaves)

3 cups whole wheat flour
1 cup white flour
2 teaspoons baking powder
1 cup water
1/2 cup honey
1/4 cup oil or less

Same directions as above.

